

MIASMS IN ARTHRITIS

ALLIUM CEPA AND ALOES SOC
CASE DISCUSSIONS AND LEARNING

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MIASMS IN ARTHRITIS

- ▶ THERE ARE DIFFERENT TYPES OF ARTHRITIS SUCH AS RHEUMATOID, GOUTY, JUVENILE, OSTEO ETC. WHILE TREATING ANY CHRONIC DISEASE WE NEED TO TREAT THE MIASMS WITH A MIASMATIC BLOCK REMOVER.
- ▶ THERE ARE 5 MIASMS TO CONSIDER IN ARTHRITIS.
- ▶ PSORIC, TUBERCULAR, SYPHOTIC, SYPHILITIC AND CANCER.
- ▶ A MIASM IS SIMPLY HOW FAR ADVANCED OR PROGRESSED A DISEASE IS, SO WHILE A PSORIC STATE DISEASE IS EASILY TREATED, A SYPHILITIC STATE DISEASE MAY NOT BE FULLY CURABLE BUT CAN ONLY BE MANAGED. IF THE MENTAL STATE OF A SYPHILITIC STATE PATIENT CHANGES THE MIASM WILL ALSO CHANGE. CHANGING THE MENTAL STATE DOES CHANGE THE COURSE OF THE DISEASE.
- ▶ I HAVE OFTEN USED ANTHOCHARIS TO IDENTIFY THE STATE OF A PATIENT, IF THE ANTHOCHARIS PRODUCES A CHANGE IN THE PATIENT THEN THE CASE IS IN THE PSORIC STATE WHILE IF IT IMPROVES ONE THING AND AGGRAVATES ANOTHER THEN THE STATE IS OF A MIXED MIASM AND A MIASMATIC BLOCK REMOVER OF A DIFFERENT MIASM IS A MUST. SOMETIMES ANTHOCHARIS WILL JUST PARTIALLY IMPROVE A CONDITION, OR WILL NOT WORK AT ALL, THIS MEANS THAT THE PATIENT IS IN THE PSORIC STATE BUT REQUIRES A PSORIC MIASMATIC BLOCK REMOVAL WITH EITHER PSORINUM OR SULPHUR.
- ▶ IF THE ANTHOCHARIS IN GENERAL AGGRAVATES THE PATIENT'S COMPLAINTS FULLY IT MEANS THAT THE MIASM IS NOT PSORIC AT ALL, WE SHOULD STOP ANTHOCHARIS AND USE THE APPROPRIATE MIASMATIC BLOCK REMOVER.
- ▶ MANY PATIENTS ARE IN A MIXED MIASM STATE AND HENCE THE USE OF ANTHOCHARIS HELPS ME UNRAVEL THE PSORIC MIASM. EVEN CANCERS CAN BE IN THE PSORIC STATE. IF IT'S A CANCER CASE I STILL USE ANTHOCHARIS BUT I CAREFULLY LOOK FOR PSORIC FEATURES IN THE PATIENT BEFORE I USE ANTHOCHARIS.

THE PSORIC MIASM

- ▶ PSORIC STATE IS A STATE OF DEFICIENCY AND HYPERSENSITIVITY.
- ▶ PSORIC STATE PATIENTS ARE **ANXIOUS WITHOUT EVEN HAVING A TRIGGER**, THEIR OVERACTIVE MIND CANNOT RELAX AT NIGHT CAUSING INSOMNIA. ANTICIPATOR ANXIETY IS MARKED
- ▶ THEY ARE **SENSITIVE AND GET HURT BY OTHERS EASILY**, THEY ARE HYPERSENSITIVE TO EXTERNAL IMPRESSIONS SUCH AS NOISE AND CROWDS AND YET THERE ARE PSORIC PATIENTS IN INDIA. 😊
- ▶ THEY FEEL THEY ARE NOT GOOD ENOUGH AND HAVE SELF DOUBT.
- ▶ THEY ARE **FATIGUED FROM THE CONSTANT INTERNAL DIALOGUE**. THE FATIGUE OF A PSORIC STATE PATIENT IS FROM MENTAL OVERACTIVITY. THIS IS A ZINCUM PHOS TENDENCY.
- ▶ THEY **FREQUENTLY OVERWORK THEMSELVES** SINCE THEY ARE USED TO TAKE ON MORE THAN THEY CAN CHEW DUE TO THE NEED TO KEEP PROVING THEMSELVES.
- ▶ THEY ARE IMPATIENT WITH THEMSELVES AND OTHERS BECAUSE OF A NEED FOR PERFECTION.
- ▶ THEY ARE **CLINGY BECAUSE THEY SEEK VALIDATION FROM OTHERS**.
- ▶ A PSORIC STATE PERSON IS **LOOKING FOR A PURPOSE IN LIFE**, OR WILL BE MOTIVATED TO DOING THINGS IF THERE IS DEEPER MEANING OR PURPOSE WHICH GUIDES THEM
- ▶ IF A PSORIC STATE PATIENT HAS EMOTIONAL ISSUES IT MAINLY STEMS FORM THE STRUGGLE BETWEEN THE **DESIRE TO ACHIEVE AND THE FEAR OF FALLING SHORT**, IT'S A STATE OF TRYING HARD BUT NOT QUITE GETTING THERE.

- ▶ PSORIC MIASM TROUBLES START AFTER A TRIGGER SUCH AS A PERIOD OF STRESS LIKE EXAMS, FINANCIAL LOSS, FAILED RELATIONSHIPS ETC(MOST CANCERS ARE TRIGGERED AFTER A FAILED MARRIAGE)
- ▶ IF THE PSORIC STATE IS NOT EMOTIONALLY TREATED THAT TIME WITH ANTHOCHARIS IT CAN DEEPN INTO THE SYCOTIC OR SYPHILITIC STATE AS A COMPENSATION.
- ▶ THE MENTAL PSORIC STATE COMES ALONG WITH SKIN COMPLAINTS SUCH AS ECZEMA, PSORIASIS OR ALLERGIES (NOTE THE HYPERSENSITIVITY OF A PSORIC STATE), THE PSORIC STATE PATIENT ALSO BECOMES NUTRITIONALLY DEFICIENT SINCE THEY HAVE SO MUCH MENTAL STRESS THAT THEY CANNOT ABSORB NUTRIENTS SINCES DIGESTION REQUIRES REST. THROWING NUTRIENTS AT THEM DOESN'T HELP UNTIL YOU CORRECT THE MENTAL STRESS.
- ▶ PSORIC ARTHRITS CASES WILL HAVE THE ABOVE THE MENTAL STATE AND ALSO HAVE SOME PECULIAR FEATURES OF THEIR JOINT DISCOMFORT.
- ▶ THE PATIENT WILL HAVE **SORENESS** AND WILL COMPLAIN OF A BRUISED SENSATION RATHER THAN A SHARP PAIN.
- ▶ THE PATIENT WILL BE FATIGUED AND **BETTER ON HEAT**, THEY ARE BETTER IN HOT WEATHER AND WORSE WHEN IT GETS COLD.
- ▶ THEY ARE BETTER AFTER **DISCHARGES LIKE DIARRHEA**, SKIN ERUPTIONS OR AFTER PERIODS, THEY WILL OFTEN **COMPLAIN OF SUPPRESSED SKIN ERUPTIONS** IN THE PAST SUCH AS AN ECZEMA SUPPRESSED WITH ANTI ITCH TREATMENTS OR STEROIDS.

- ▶ THE PATIENT IS WORSE IN THE **MORNING AND WORSE ON EXERTION**, THEY ARE HYPERSENSITIVE TO SMELLS AND NOISE. **THE OVERSENSITIVENESS IS THE MOST MARKED FEATURE OF A PSORIC STATE.**
- ▶ A PSORIC STATE PATIENT WILL CLEARLY DESCRIBE THE SYMPTOMS IN GREAT AMOUNT OF DETAIL.
- ▶ THE PSORIC BLOCK REMOVERS ARE PSORINUM OR SULPHUR. IF THE PATIENT IS A CHILLY CASE USE PSORINUM AND IF THE CASE IS A HOT PATIENT THEN USE SULPHUR.
- ▶ SOME PSORIC REMEDIES ARE **LYCOPODIUM AND CALCARB.**
- ▶ WHEN CALCARB IS PARTLY EFFECTIVE IN A CASE THEN USE LYCOPODIUM AFTER IT AND THEN SULPHUR. IF ONE STARTS FROM LYCOPODIUM IN A CASE AND ITS PARTLY EFFECTIVE THEN USE SULPHUR AFTER IT AND THEN CAL CARB. THE SEQUENCE IS ALWAYS CAL CARB THEN LYCOPODIUM AND THEN SULPHUR OR CLS, ONE CAN START FROM ANY OF THE 3 BUT IT MUST FOLLOW THE SEQUENCE.
- ▶ I HAD A FAT OBESE 32 YR OLD MALE WHO CAME WITH SUDDEN SWELLING OF THE RIGHT KNEE, HE MATCHED ALL THE FEATURES OF CAL CARB SUCH AS FAT, FALBBY, CHILLY, SLOW MOVING AND SWEATED ON HEAD AND NECK PROFUSELY. CAL CARB 200C SOLVED 50 PERCENT OF HIS ISSUES IN A WEEK BUT THEN ITS EFFECTS STOPPED. I ALSO NOTED THAT HE HAD NOW DEVELOPED BURPING AND BLOATING SO I GAVE HIS LYCOPODIUM, AFTER A WEEK THE BLOATING WENT AWAY BUT HE GOT A SKIN RASH AND A MILD FEVER, I THEN GAVE HIM SULPHUR WHICH FINISHED THE CASE.
- ▶ ONE NEEDS TO NOTE THAT THE PATIENT FEATURES CHANGED DURING THE COURSE OF THE 3 WEEK TREATMENT AND ALSO THE EFFECT OF THE REMEDY PLATEAUED. IF THE PATIENT FEATURES HAD NOT CHANGED I WOULD HAVE COMPLETED THE CASE WITH JUST CAL CARB BY UPPING THE POTENCY.
- ▶ IN PSORIC STATE PATIENTS USE ANTHOCHARIS FIRST, THEN USE A MIASMATIC BLOCK REMOVER BASED ON IF THE PATIENT IS CHILLY OR HOT AND THEN PICK IF YOU WANT TO START WITH CAL CARB, LYCOPODIUM OR SULPHUR BASED ON THE PATIENT FEATURES.

PSORIC STATE IN A NUT SHELL

- ▶ **FATIGUED, ANTICIPATORY ANXIETY**, CLINGY, SENSITIVE FEELINGS AND SENSITIVE TO THE ENVIRONMENT, **PAST HISTORY OF SUPPRESSED SKIN ISSUES**, BETTER ON PHYSIOLOGICAL DISCHARGES, DESCRIBES ISSUES CLEARLY, **DISEASE ONSET IS FROM A STRESSOR, PAINS ARE BRUISED LIKE. BETTER IN SUMMER OR HOT ENVIRONMENT**, WORSE ON EXERTION OR IN THE MORNING.

TUBERCULAR MIASM

- ▶ IT'S A STATE OF RESTLESSNESS AND CONSUMPTION LIKE THE CONSUMPTION OF TB WHERE THE PATIENT WASTES AWAY.
- ▶ IN THE TUBERCULAR MIASM THERE ARE ADHD LIKE FEATURES WITH A CONSTANT DESIRE FOR CHANGE, MOVEMENT, THE PATIENT FEELS A SENSE THAT THEY ARE CONFINED, THEY GET FATIGUED JUST LIKE PSORIC PATIENTS BUT HERE THE FATIGUE IS FROM PHYSICAL ACTIVITY WHICH IS HIGHLY EXCESSIVE.
- ▶ THE PATIENT WILL HAVE GOOD ENERGY BUT THEN HAVE SUDDEN CRASHES DUE TO THE EXCESS ACTIVITY.
- ▶ THE RESPONSE TO STRESSORS IS THAT OF AN OVERREACTION, WHILE A PSORIC PATIENT IS SENSITIVE TO THE ENVIRONMENT AND CAN DEVELOP ALLERGIES A TUBERCULAR PATIENT WILL NOT JUST HAVE AN ALLERGIC REACTION BUT HAVE A VERY SEVERE REACTION TO AN ALLERGEN SUCH AS DEVELOP REACTIONS WHERE THEY MAY NEED TO BE SENT TO THE HOSPITAL.
- ▶ THE ETIOLOGY OF THE CONDITION IS **FROM AN INFECTION** SUCH AS BACTERIAL OR VIRAL INFECTION. THE PSORIC STATE ETIOLOGY IS FROM EMOTIONAL STRESS WHILE HERE IT IS AN INFECTION.

- ▶ THEY ARE NOT SATISFIED WITH THEIR LIVES AND ARE IMPATIENT AND IMPULSIVE, A PSORIC PATIENT IS NOT IMPULSIVE **BECAUSE THE ANXIETY ABOUT THE FUTURE STOPS THEM FROM BEING IMPULSIVE**, A TUBERCULAR PATIENT WILL SWING FROM BEING CHEERFUL ONE DAY AND IRRITABLE THE NEXT DAY. PEOPLE WILL CALL THEM MOODY.
- ▶ THEY WANT TO RUN AWAY FROM THEIR PROBLEMS, WHILE A PSORIC PATIENT WILL WORK HARD TO FIND PURPOSE IN LIFE AND GIVE MEANING TO THEIR LIFE THE TUBERCULAR PATIENT WILL RUN AWAY FROM A SITUATION THE MOMENT IT BECOMES DIFFICULT.
- ▶ IN ORDER TO KEEP THEMSELVES FOCUSSED A TUBERCULAR PATIENT WILL NEED A LOT OF STIMULANTS SUCH AS TEA, COFFEE, NICOTINE ETC. SUBSTANCE ABUSE IS RAMPANT IN TUBERCULAR PATIENTS. A PSORIC PATIENT WILL NEVER USE SUBSTANCES DUE TO THE ANXIETY ABOUT THE FUTURE IMPACTS OF SUCH THINGS.
- ▶ THEY HAVE RECURRENT NIGHT MARES AND VIVID DREAMS.
- ▶ THEY ARE HIGHLY CREATIVE BUT UNFOCUSSED. A TUBERCULAR PATIENT WILL NOT TELL YOU THEIR SYMPTOMS IN A LINEAR WAY, THEY WILL JUMPT FROM ONE TIMELINE TO THE OTHER, **IT TAKES THE DOCOTR TIME AND EFFORT TO PIECE THE SEQUENCE TOGETHER.**
- ▶ THE TUBERCULAR PATIENT, IF IT'S A CHILD WILL HAVE MELTDOWNS, IN AN ADULT SUDDEN FATIGUE AFTER PHYSICAL OVEREXERTION IS PRESENT. NORMALLY THE TUBERCULAR PATIENT WILL APPEAR TO BE HIGHLY FRIENDLY AND CREATIVE AS A PERSON.

- ▶ PHYSICAL FEATURES OF A TUBERCULAR PATIENT ARE TALL, THIN, DELICATE, THEY HAVE LONG EYELASHES, LONG NECKS, TRANSLUSCENT SKIN, THEY TEND TO HAVE WHITESPOTS ON THEIR NAILS OR THIN NAILS, PREMATURE GRAYING OR THIN HAIR.
- ▶ THEY HAVE RECURRENT COLD OR RECURRENT INFECTIONS. IN THOSE WITH FEVER IF WE DON'T DOSE SULPHUR 30C ONE DOSE AFTER WE HAVE CURED A FEVER CASE THE PATIENT COULD GO INTO THE TUBERCULAR PHASE AND HAVE RECURRENT FEVERS.
- ▶ THE PATIENT HAS RECURRENT FUNGAL INFECTIONS, HERPES, BOILS AND RECURRENT COLDS. THE LUNGS ARE AFFECTED USUALLY AND HENCE THE PATIENT WILL HAVE RECURRENT BRONCHITIS, PNEUMONIA OR TUBERCULOSIS.
- ▶ THEY ARE VERY SENSITIVE TO COLD AIR DRAFTS, THEY FREQUENTLY HAVE SWOLLEN LYMPH NODES FROM THE INFECTIONS.
- ▶ THEY HAVE HEMORRAGIC TENDENCIES.
- ▶ THEY ARE TYPICALLY WORSE FROM MILK, COLD DAMP WEATHER SUCH AS DURING THE RAINS AND YET THERE ARE TUBERCULAR PATIENTS IN MALAYSIA. 😊 THEY ARE ALSO WORSE FROM ANY CHANGE IN THE WEATHER.
- ▶ THEY ARE BETTER WITH COLD APPLICATIONS AND TRAVELLING, THEY ARE PRONE TO DIABETES TOO DUE TO IMPULSIVE EATING THEY WILL NEVER TAKE MEDICATION PROPERLY SINCE THEY CAN'T FOCUS ON DOING THE SAME THING EVERYDAY, IT IS THE WIFE WHO WILL GIVE THEM THEIR MEDICATION. THIS SOUNDS LIKE MOST MEN.

- ▶ THE JOINTS OF TUBERCULAR CASE HAVE FLUID IN THEM PARTICULARLY EFFUSIONS, THE SWELLINGS ARE RECURRENT. THE PATIENT WILL HAVE ECZEMA WITH ARTHRITIS. THE PSORIC PATIENT HAD A HISTORY OF SUPPRESSED ECZEMA WHILE A TUBERCULAR PATIENT HAS A MIXTURE OF ECZEMA AND JOINT PAINS, THE PATIENT IS WORSE IN DAMP WEATHER AND BETTER IN DRY WEATHER. THE WORSENING IN THE DAMP WEATHER MATCHES THE FLUID FILLING UP THE JOINTS. THE PATIENT NEED TO DRY OUT THEIR JOINTS.
- ▶ THEY CAN HAVE INFECTIVE ARTHRITIS AND HENCE RECURRENT ARTHRITIS.

TUBERCULAR MIASM IN A NUTSHELL

- ▶ THE TUBERCULAR PATIENT IS IMPATIENT, IMPULSIVE, WANTS TO CHANGE THINGS UP, CANNOT FOCUS ON ONE THING FOR TOO LONG, LOOKS THIN, LONG NECK, LONG EYELASHES, BRITTLE AND THIN HAIR AND NAILS. HAS RECURRENT INFECTIONS LIKE BOILS, FUNGAL INFECTIONS, THEIR LUNGS ARE WEAK. THEY CANNOT TOLERATE DRAFTS OF COLD, HATE DAMP WEATHER AND LIKE HOT DRY WEATHER. THEY HAVE INFECTION AS THE CAUSE OF THE JOINT PROBLEMS, THE ISSUES ARE RECURRENT, TYPICALLY THE JOINTS ARE SWOLLEN AND HAVE EFFUSIONS. SKIN ERUPTIONS WITH JOINT PAIN IS COMMON. HEMORRHAGIC STATE ARE COMMON
- ▶ THE TUBERCULAR MIASM IS BEST TREATED WITH TUBERCULINUM.

SYCOTIC MIASM

- ▶ IT'S A MIASM OF EXCESSIVE GROWTH, INFILTRATION AND OVERPRODUCTION, THE TISSUES OVERGROW SUCH AS FORMATION OF CYSTS, FIBROIDS, OSTEOARTHRITS JOINTS WITH ENLARGEMENT, WARTS, POLYPS, BENIGN TUMORS, PROSTRATE ENLARGMENT, CONGESTIVE HEART FAILURE. THESE CASE HAVE GREEN OR YELLOW DISCHARGES FROM MUCUS MEMBRANES SUCH AS SPUTUM OR LEUCORRHEA.
- ▶ MENTALLY THEY SUPPRESS THEIR EMOTIONS AND HIDE THEIR FEELINGS AND SYMPTOMS FROM THE DOCTOR. SO WHILE THE PSORIC PATIENT WILL TELL YOU ALL THEIR SYMPTOMS CLEARLY AND THE TUBERCULAR PATIENT WILL TELL YOU THEIR SYMPTOMS IN A HAPHAZARD WAY THE SYCOTIC CASE WILL TELL YOU NOTHING MUCH AND WILL TRY TO HIDE THINGS.
- ▶ THEY ARE SECRETIVE DUE TO FEAR OF BEING JUDGED.
- ▶ THEY HAVE FIXED IDEAS, OBSESSIVE THOUGHTS, POSSESSIVE, JEALOUS, PARANOID. THEY HAVE SUPPRESSION OF DESIRES SUCH AS SEXUAL DESIRES. PREISTS USUALLY FIT THIS MIASM 😊
- ▶ EMOTIONAL OUTBURSTS WILL ALTERNATE WITH A WITHDRAWAL.

- ▶ THEY TYPICALLY HAVE BRAIN FOG, CHILDREN WITH THIS MIASM PRESENT AS SHY, HAVE BEDWETTING FROM SUPPRESSED FEAR OR ANGER AND CAN HAVE OPPOSITIONAL DEFIANT BEHAVIOR WITH HITTING AND BITING OTHERS. ADULTS WILL BE VERY SUSPICIOUS AND WILL EYE THE DOCTOR UP AND DOWN BEFORE SAYING ANYTHING.
- ▶ THE JOINTS OF A SYCOSIS CASE ARE PUFFY WITH A PREDOMINANT STIFFNESS, PAINS ARE PULSATING, WANDERING, EASY SPRAINING IS PRESENT, THERE IS OVERGROWTH OF TISSUES.
- ▶ THEY ARE WORSE IN IN RAINY SEASON LIKE THE TUBERCULAR PATIENTS, THEY ARE WORSE ON MEAT. THEY ARE BETTER WITH UN-NATURAL DISCHARGES LIKE LEUCORRHEA. WHILE THE PSORIC CASE IS BETTER BY NATURAL DISCHARGES LIKE STOOL, URINE , SWEAT THE SYCOSIS CASES IS BETTER BY MUCUS DISCHARGE WHICH IS GREEN TO YELLOW AND LEUCORRHEA. THE DISCHARGES LIKE SWEAT ARE ALSO FOUL SWELLING. THE SYCOSIS CASE WILL RECOVER VERY SLOWLY AND HAVE MANY RELAPSES DURING TREATMENT.
- ▶ THE REMEDY NAT SUL USED FOR R.A IS WORSE FROM FRUITS AND VEGETABLES AND HAS YELLOW DISCHARGES. ARTHRITS BETTER BY LEUCORRHEA IS MUREX.

SYCOSIS MIASM IN A NUTSHELL

- ▶ THE SYCOSIS PATIENT WILL BE JEALOUS, SUSPICIOUS, BY NATURE, THEY HIDE OR SUPPRESS THEIR DESIRES, THEY HAVE OVERGROWTH OF TISSUES, THE DISCHARGES WILL BE FOUL SMELLING. THEY ARE BETTER BY UN-NATURAL DISCHARGES SUCH AS LEUCORRHEA OR YELLOW TO GREEN MUCUS BEING SPAT OUT, THEY HAVE GONORRHEA TYPE DISCHARGES TOO. WARTS ARE COMMON.
- ▶ THEY HAVE SWOLLEN BOGGY JOINTS WITH STIFFNESS AS THE MAIN COMPLAINT. THEY ARE WORSE IN DAMP ENVIRONMENTS LIKE THE TUBERCULAR PATIENTS.
- ▶ THE SYCOSIS MIASM REMEDY IS THUJA IN A COLD PATIENT AND MEDORRHINUM IN A HOT PATIENT.

SYPHILITIC MIASM

- ▶ THIS IS MIASM OF DESTRUCTION, JOINTS DEFORM, THE ANTICCP GOES HIGH, ULCERS ARE PRESENT SUCH AS MOUTH OR DUODENAL ULCERS WHICH BLEED AND TURN DESTRUCTIVE, DESTRUCTIVE CANCERS OPEN TO THE SURFACE AND BLEED AND DISCHARGE ALL KINDS OF THINGS.
- ▶ THE PATIENT CAN HAVE JOINT DISEASES SUCH AS AVASCULAR NECROSIS OR DEGENERATIVE ARTHRITIS WITH DEFORMITIES.
- ▶ THESE ARE HOPELESS, PESSIMISTIC PEOPLE, THEY BECOME MENTALLY SLOW AND CAN HAVE DEMENTIA. THEIR ISSUES CAN DEVELOP WHEN THEY HAVE FACED HATRED FROM OTHERS, DUE TO HATRED THEY ISOLATE THEMSELVES AND DEVELOP THE PESSIMISTIC HOPELESS STATE FROM LONELINESS.
- ▶ THE DISEASE THEY HAVE RUNS IN THEIR FAMILY LIKE PSORIASIS WHICH RUNS IN THE FAMILY IS SYPHILITIC AND WILL PRESENT ITSELF WITH JOINT DESTRUCTION. THE R.A CAN ALSO RUN IN THE FAMILY, SIMILARLY FAMILY HISTORY OF CANCERS IN A CANCER CASE OR STRONG FAMILY HISTORY OF HYPERTENSION OR DIABETES IN A CASE WITH SUCH ISSUES WILL POINT TO A SYPHILITIC MIASM.

- ▶ THE DISCHARGES ARE FOUL SMELLING AND PUS FILLED LIKE THOSE IN SYCOSIS BUT HERE THE **TISSUE IS BEING DESTROYED** LIKE A CASE OF OSTEOMYELITIS.
- ▶ SENSORY ISSUES LIKE DEAFNESS, BLINDNESS, **NEUROLOGICAL ISSUES WITH NUMBNESS ARE COMMON.**
- ▶ THE PAINS ALWAYS WORSEN AT THE **NIGHT PREVENTING SLEEP.**
- ▶ DESTRUCTIVE HEART DISEASE WITH PREVIOUS HEART ATTACKS ARE COMMON.
- ▶ THE 3 REMEDIES FOR THIS MIASM ARE SYPHILINUM (PATIENT HAS OCD TRAITS LIKE HAND WASHING OR HAS HIGH ANTI CCP, MERC SOL (PATIENT HAS DROOLING FROM THE MOUTH OR EXCESSIVE SALIVATION), NITRIC ACID (SPLINTER LIKE PAINS, WARTS ON THE BASE OF THE FOOT)

SYPHILITIC MIASM IN A NUTSHELL

- ▶ THE PATIENT IS HOPELESS ABOUT RECOVERY, HAS BRAIN FOG USUALLY, HAS GENETIC TENDENCY TOWARDS THAT DISEASE, **HAS PAST HISTORY OF FACING TREMENDOUS HATRED FROM SOMEONE THEY LOVE. THEIR PAINS ARE WORSE AT NIGHT AS THEY SLEEP, DESTRUCTION OF TISSUES IS PRESENT SUCH AS ULCERS, CANCERS, HEART ATTACKS ETC.**
- ▶ THE 3 MAIN REMEDIES HERE ARE SYPHILINUM, MERC SOL, NITRIC ACID.
- ▶ IN MANY CASES OF THIS MIASM ALL 3 REMEDY PICTURES WILL BE PRESENT AND HENCE ALL 3 CAN BE USED ONE AFTER THE OTHER.

CANCER MIASM AND CARCINOSIN

- ▶ THIS IS A MIX OF ALL THE PREVIOUS 4 MIASMS, HERE THE DISEASE ORIGIN IS FROM SUPPRESSION OF EMOTIONS OR DUE TO TOXINS SUCH AS POLLUTANTS.
- ▶ THE MENTAL STATE IS THAT OF A PERFECTIONIST WHO SEEKS TO BE A PERFECT WIFE, MOTHER, DAUGHTER, FATHER ETC, THEY BECOME VERITABLE DOORMATS WHO WILL CONTINUE TO SERVE THE PEOPLE USING THEM NO MATTER HOW MUCH THE ABUSE, THEY WILL WORK TO DO EVERYTHING PERFECTLY WELL EVEN THOUGH THEY KNOW THEY ARE BEING USED. THIS LONG TERM FEELING OF BEING USED BUILDS UP TO CAUSE THE CANCER MIASM. CANCER USES ONES BODYS RESOURCES TO GROW INSIDE OF USE, IN A SIMILAR WAY THE PATIENTS MENTAL AND PHYSICAL ENERGY HAS BEEN USED BY OTHERS FOR THEIR GAIN AND THE PATIENTS DETRIMENT. THE PATIENT WILL IGNORE THEIR OWN NEEDS FOR OTHERS.
- ▶ CANCER MIASM PATIENTS STRIVE FOR PERFECTION AND EXCELLENCE, THEY ARE VERY HARD WORKERS.
- ▶ THEY ARE VERY HELPFUL INDIVIDUALS AND KIND PEOPLE, BUT DUE TO YEARS WHERE THEY HAVENT TAKEN CARE OF THEMSELVES THEY DEVELOP DISEASES. THEY HAVE A EYE FOR DETAIL, CLEANLINESS AND ORGANIZATION.

- ▶ THEY MAY HAVE HAD TO TAKE UP FAMILIAL BURDENS EARLY IN LIFE DUE TO THE DEATH OF A PARENT. **WORKED HARD TO SUPPORT THEIR FAMILY.**
- ▶ THE JOINT DISEASE THEY HAVE HAS RECURRENT FLARES, THEY WILL DESCRIBE A **CONSTRICTED** SENSATION OR A THROBBING SENSATION IN THE JOINT.
- ▶ THEY WILL HAVE MANY CAFÉ AU LAIT SPOTS OR MANY **MOLES ON THEIR SKIN.** THE PLETHORA OR MOLES POINTS TO THIS MIASM.
- ▶ DUE TO HARD WORK THEIR JOINTS **HAVE A LOT OF STRAIN ON THEM WHICH HAS PREDISPOSED THEM TO JOINT DAMAGE.**
- ▶ THEY ARE BETTER BY CHOCKLATES AND BETTER IN JOINT PAIN WHEN THEY SLEEP WITH THE KNESS TOWARDS THE BODY AND ELBOWS LIKE IN A FETAL POSITION.
- ▶ THEY ARE BETTER BY **MUSIC, DANCING,** THE JOINTS EITHER BECOME BETTER OR WORSE WHEN THEY ARE NEAR THE SEA. THEY ARE FATIGUED, **MOST FATIGUED INDIVIDUALS WHEN SICK BUT THEY WILL STILL PULL THEMSELVES UP AND GO TO WORK FOR THE BENEFIT OF OTHERS.**
- ▶ JOINT DISEASE DUE TO **VACCINATIONS, METAL TOXINS, HORMONES, EXCESSIVE ALLOPATHIC DRUG USE, CHEMOTHERAPY USE.**
- ▶ AFTER CARCINOSIN DOSING THE PATIENT GETS AN EMOTIONAL RELEASE AND A RELEASE OF TOXINS FROM THEIR BODY, WITHOUT THE DOSE THE TOXINS WILL NOT BE ELIMINATED FROM THE BODY. THE FOCUS ON SELF THEN STARTS, THE BRAIN AND THE MIND CAN THEN FOCUS ON HEALING THE BODY SINCE THE PATIENT IS NO LONGER FOCUSED ON JUST SERVING OTHER PEOPLE.

CARCINOSIN MIASM IN A NUT SHELL

- ▶ THE PATIENT WORKS FOR OTHER NEGLECTING THEMSELVES, THEY ARE PERFECTIONISTS BY NATURE AND ARE VERY HARDWORKING, THEY DO NOT FOCUS ON THEMSELVES BUT ON OTHERS. THEY WILL TAKE CARE OF OTHERS EVEN THOUGH THEY ARE FATIGUED AND IN PAIN.
- ▶ THEY ARE BETTER BY CHOCKLATE, MUSIC AND DANCING AS THIS LEADS TO EXPRESSION OF THEIR SUPPRESSED INNER FEELINGS. THEY CAN BECOME SUDDENLY BETTER OR WORSE NEAR THE SEA SUCH AS WHEN THEY GO TO THE BEACH.
- ▶ THE PAINS PRESENT THEMSELVES AS A CONSTRICTING SENSATION WITH THROBBING QUITE OFTEN.
- ▶ UNLIKE THE PSORIC MIASM WHERE ANXIETY PREDOMINATES OR THE SYCOSIS MIASM WHERE THERE IS EMOTIONAL SUPPRESSION WITH SUSPICIOUS NATURE OR THE SYPHILITIC MIASM WHERE THERE IS HOPLESSNESS, IN THE CANCER MIASM THE PATIENT WILL CONTINUE TO BE HARD WORKING INSPITE OF THE PAINS AND FATIGUE THEY ARE GOING THROUGH. THESE PATIENTS ALSO HAVE A LOT OF MOLES AND CAFÉ AU LAIT SPOTS. THEY ARE ACTUALLY WONDERFUL HUMAN BEINGS, BUT UNFORTUNATELY IN THIS WORLD KINDNESS IS TREATED AS A DISABILITY RATHER THAN A VIRTUE AND HENCE THEY WILL ALWAYS MEET PEOPLE WHO WILL USE THEM.

ALLIUM CEPA- RHINITIS, BUT ALSO FOR PHANTOM LIMB PAIN.

- ▶ ALLIUM CEPA IS MADE FROM ONION. IT IS AN ACUTE ACTING REMEDY, IT IS USED IN 30C FOR RHINITIS AND EPIPHORA (WATERING EYES) WHERE THE SECRETIONS ARE CLEAR LIKE WATER, THIS IS A SYMPTOM IN VIRAL INFECTIONS AND ALSO ALLERGY. ALLIUM CANNOT TREAT CHRONIC ALLERGIC RHINITIS BUT IT IS USEFUL IN ACUTE EPISODES.
- ▶ THE MAIN FEATURE FOR USING ALLIUM CEPA IS THAT THE EYE SECRETIONS ARE BLAND AND CLEAR WHILE THE NASAL SECRETIONS ARE ACRID (IT IS THE OPPOSITE OF WHEN WE CUT AN ONION, WHILE CUTTING AN ONION OUR EYES ARE ACRID AND BURN). THE PATIENTS EYES WILL WATER BUT NOT BURN WHILE THE CLEAR SECRETION COMING OUT OF THE NOSE WILL BURN.
- ▶ IN CASE IT IS THE CLEAR EYE DISCHARGE WHICH BURNS WHILE THE NASAL DISCHARGE DOESN'T THEN THE REMEDY IS EUPHRASIA. EUPHRASIA IS MORE FOCUSED ON THE EYES AND HENCE IT IS USED MORE WHEN THE CLEAR DISCHARGE BURNS THE EYES.
- ▶ THE PATIENT OF ALLIUM CEPA WILL SAY THAT THE NOSE, MOUTH, THROAT, BLADDER AND SKIN BURN, THIS BURNING OF THE NOSE, MOUTH, THROAT IS ESPECIALLY DURING A FLU. THE PATIENT SENSES A HEAT ON DIFFERENT BODY PARTS.
- ▶ I HAD TREATED A CHILD WITH ACUTE NOSE WATERING WHEN EVER HE WENT TO PLAY CRICKET. HIS PRIMARY REMEDIES WERE DEWORMING AND FERRUM MET WHICH HELPED SINCE HE WAS TERRIBLY IRON DEFICIENT, HE WAS IMPROVING WITH THESE SLOWLY BUT DURING PLAYING A MATCH HE REQUIRED ACUTE HELP AND HENCE ALLIUM CEPA 30C WAS GIVEN TO HIM THRICE A DAY TO TAKE EVERYDAY. THIS RAPIDLY STOPPED THE NASAL DISCHARGE, THE NOSE HAD **BECOME RED** FROM THE CLEAR DISCHARGE INDICATING IT WAS ACRID.

- ▶ I HAVE ALSO TREATED MANY PATIENTS WHO SUDDENLY GET NASAL DISCHARGE AND EYE WATERING AFTER TOXIC SMOKE OR CHEMICAL EXPOSURE, SOMETIMES I HAVE TO USE BOTH EUPHARSIA AND ALLIUM TOGETHER AS BOTH THE EYES AND NOSE BURNS AT THE SAME TIME. FOR SUCH CASES 30C IS THE APT POTENCY DOSED THRICE A DAY.
- ▶ ALLIUM CEPA IS ALSO USEFUL FOR POLLEN ALLERGIES ALONG WITH PSORINUM AND NAT MUR. THE POLLEN IRRITATES THE NOSE LEADING TO AN ACRID SECRETION WITH SNEEZING. ANTHOCHARIS ALSO HELPS TO TREAT THIS ISSUE AT A DEEPER LEVEL AND SHOULD BE ADDED ON FOR ANY CASE OF HAYFEVER. ALLIUM SHOULD ALSO BE USED FOR RHINITIS AFTER GETTING WET IN THE RAIN, IF ITS AFTER DRINKING COLD DRINKS THEN WE USE ARS ALB.
- ▶ I HAVE ALSO USED IT FOR NASAL POLYPS WHICH BECOME ACUTELY INFLAMMED. THE REMEDIES FOR CHRONIC POLYPS ARE TEUCRIUM MARA, SANG CAN, PSORINUM, CAL CARB, THUJA, NITRIC ACID. THESE CAN BE CHOSEN BASED ON THE CASE HISTORY. HELIX HELPS CHRONIC MUCOSAL INFLAMMATION AND HENCE HELPS SUCH CASES TOO. I WILL USUALLY START WITH ALLIUM AND TEUCRIUM MARA IN A POLYPS AND FINISH THE CASE WITH CAL CARB OR SILLICEA.
- ▶ IN VIRAL LARYNGITIS WHENEVER YOU SEE A PATIENT HOLDING THEIR THROAT WHEN THEY COUGH THE REMEDY IS ALLIUM, WHEN YOU SEE THEM HOLDING HIPS WHEN THEY COUGH ONE USES BRYONIA. IF WE USE ALLIUM FOR LARYNGITIS AS AN ACUTE REMEDY WE CAN USE THUJA OR PHOS+PHYTOLACCA TO FINISH THE CASE.
- ▶ THE PATIENT WILL BE WORSE FROM SALADS, REMEMBER IN MOST SALADS ONION IS ADDED, IN SUCH CASES THERE WILL BE ABDOMEN PAIN AFTER SALADS. IT IS ALSO A GOOD REMEDY FOR SUCH IBS CASES AS AN ACUTE REMEDY. ONE SHOULD TRY A DOSE OF ALLIUM BEFORE EATING A SALAD, IT HELPS REDUCE GAS FORMATION.

- ▶ ANOTHER REMEDY FOR ACRID NASAL DISCHARGE IS ARUM TRIPHYLLUM BUT HERE THE PATIENT KEEPS RUBBING THE NOSE BECAUSE ITS **TICKLING INSIDE THE NOSE AND THE NASAL DISCHARGE IS PRESENT WITH A VERY VERY DRY COUGH.** IN ALLIUM IT IS MORE OF A LARYNGITIS AND A MILD COUGH WITH SNEEZING AND A BLAND EYE DISCHARGE RATHER THAN A DRY COUGH.
- ▶ IT IS ALSO USED FOR ACUTE INFECTION OF THE NAIL BED WITH SHOOTING PAINS INTO THE FINGER AND ARM, VERY OFTEN WHILE CUTTING A NAIL WE CUT IT TOO DEEP AND THEN IT GETS INFECTED AND PAINS, FOR SUCH ACUTE CASES WE CAN USE ALLIUM CEPA.
- ▶ ALLIUM CEPA IS ALSO THE BEST REMEDY FOR PHLEBITIS, THIS CAN HAPPEN AFTER INSERTION OF A CANNULA WITH SYMPTOMS OF WARMTH, REDNESS, PAIN AND SWELLING. IT IS **ALSO USED TO TREAT SEVERE PHLEBITIS AFTER DELIVERY WHICH CAN CAUSE SEPTIC PELVIC THROMBOPHLEBITIS.** HERE THE INFECTION GOES INTO THE OVARIAN VEINS AND DUE TO VENOUS STASIS AND HYPERCOAGUBILITY OF BLOOD AT THE TIME OF PREGNANCY AND CAN FORM A CLOT CAUSING SEVERE ABDOMINAL PAIN AND FEVER. ALLIUM BY ITSELF WILL RESOLVE THE ACUTE INFLAMMATION. SEPIA CAN BE ADDED ON TO DISSOLVE THE CLOT ALONG WITH ARNICA AND SULPHUR.
- ▶ ALLIUM IS A **REMEDY FOR THE TREKKER** AS IT STOPS THE SORENESS IN THE HEELS FROM ALL THAT FRICTION. IT HELPS REDUCE THE SORE SPOTS ON THE FEET FROM ALL THAT FRICTION.

- ▶ FINALLY ALLIUM CEPA IN 1M AND HIGHER POTENCIES IS USED IN ALL CASES OF TRAUMATIC NEURALGIA. I HAVE USED IN MANY CASES OF HIP REPLACEMENT AND KNEE REPLACEMENT WHERE THE PATIENT STILL CONTINUES TO HAVE SEVERE BURNING AND STINGING PAIN. WE HAVE ALL SEEN SUCH CASES WHERE PAIN CONTINUES EVEN AFTER THE SURGERY, THIS IS BECAUSE OF TRAUMATIC NEURALGIA, WITHING A FEW MINUTES OF ALLIUM SUCH PAIN IS TREATABLE.
- ▶ PHANTOM LIMB PAIN AFTER AN AMPUTATION IS ALSO TREATED WITH ALLIUM CEPA.

CASES WITH ALLIUM CEPA

- ▶ MANY CASES OF POST SURGICAL BURNING STINGING PAIN POST HIP OR KNEE REPLACEMENT HAVE BEEN CURED WITH ALLIUM, THE PATIENT HAS AT TIMES BEEN IN PAIN FOR EVEN 5 YEARS.
- ▶ I USE IT OFTEN WITH EUPHRASIA FOR BURNING EYES AND BURNING NASAL DISCHARGE AND BY ITSELF IN BURNING NASAL DISCHARGE.
- ▶ IT IS MY GO TO REMEDY WHEN THE PATIENT COUGHS WHILE HOLDING THEIR THROAT.
- ▶ PHLEBITIS POST CANNULA INSERTION AND THE PAIN PRESENT AFTER CANNULA PLACEMENT ALL HEALS RAPIDLY AFTER ALLIUM
- ▶ PHLEBITIS IN GENERAL IN ANY PATIENT RESPONDS TO ALLIUM CEPA.
- ▶ I USE IT OFTEN IN THOSE HAVE COME BACK AFTER A RELIGIOUS PILGRIMAGE WHO HAVE PAIN IN THE SOLES OF THEIR FEET.

ALOE SOC

- ▶ IT IS AN ACUTE ACTING REMEDY FOR AMOEBIIC DYSENTRY, HERE THE PATIENT HAS MUCUS CONTAINING STOOLS WITH SEVERE LOOSE MOTIONS EVEN UPTO 10 TO 15 A DAY, THE STOOLS ARE SLIMY WHICH INDICATES MUCUS BEING PRESENT, THE PATIENT CAN DEVELOP A HEADACHE AND BACK PAIN DUE TO THE LOOSE MOTIONS.
- ▶ THIS IS VERY DIFFERENT FROM VIRAL GASTROENTERITIS OR FOOD POISONING WHERE WE TYPICALLY USE ARS ALB AND IPECAC, IN SUCH CASES THERE IS DIARRHEA WITHOUT MUCUS AND VOMITING IS PRESENT. IN PATIENTS WITH VOMITING AND DIARRHEA, WHERE THERE IS NO SLIMY STOOL, WE SHOULD CHECK THE PATIENTS TONGUE, IF ITS COATED WHITE WE USE ANTCRUD AND IF ITS NOT THEN USE IPECA WITH ARS ALB.
- ▶ ANOTHER REMEDY IN WHICH THERE ARE ACUTE BOUTS OF MUCUS CONTAINING STOOLS IS PODOPHYLLUM, THE DIFFERENCE BETWEEN ALOES AND PODOPHYLLUM IS THAT IN PODOPHYLLUM THE ANAL SPHINCTER IS OPEN AND STOOL GUSHES OUT EASILY WITHOUT PAIN, THE PODO STOOL IS HIGHLY OFFENSIVE, WHILE IN ALOES SOC THE ANUS IS CONSTRICTED AND HENCE THE STOOL GUSHES OUT WITH PAIN. THE ALOES STOOL IS NOT VERY SMELLY, IN MANY PATIENTS WITH AMEOBIASIS I HAVE USED ALOES SOC AND THEN PODOPHYLLUM IF CASE ISNT FULLY CURED WITH ALOES SOC. A PODOPHYLLUM CASE IS FINISHED WITH MERC SOL.

- ▶ ANOTHER REMEDY WITH SUMMER DIARRHEA WITH VESICULAR RASH ON SKIN IS CROTON TIG. THE DIARRHEA IS PAINLESS MUCH LIKE PODOPHYLLUMS, THE CAUSE IS ENTEROVIRAL INFECTIONS LIKE COXSACKIE a VIRUS.
- ▶ IN TYPHOID DIARRHEA WHERE THE LIVER AND SPLEEN ARE ENLARGED WE CAN USE CUP ARS WITH CAL ARS.
- ▶ IN GUNSHOT DIARRHEA WHERE THE STOOL EXPLODES OUT WITH THE SOUND OF A GUN SHOT WE CAN USE **BOTH CROTON TIG AND GAMBOGIA.**
- ▶ IT CAN ALSO BE USED FOR THOSE WHO ARE RECOVERING FROM AMOEBIC DYSENTRY, THE RECTUM IS INJURED FROM THE LOOSE STOOLS AND THE IRRITATING MUCUS. THE PATIENT WILL COMPLAIN THAT EVEN THE GAS PASSED OUT IS HOT. **THE HOT GAS INDICATES THE NEED FOR ALOE SOC.**
- ▶ ALOES SOC IS ALSO USED IN THOSE WHO HAVE IBS WITH MUCUS IN STOOLS, ANOTHER CONFIRMING SYMPTOM IS THE EXCESSIVE SWEATING DURING STOOL. I HAVE HAD MANY PATIENTS WHO COMPLAIN THAT WHILE PASSING STOOL THERE IS CONSTIPATION AND THEY SWEAT A LOT. THIS CONSTIPATION AND SWEATING POINT TO ALOES, WHETHER THE PATIENT IS CONSTIPATED OR HAS DIARRHEA, IF HE SWEATS DURING STOOL HE WILL REQUIRE ALOES SOC.

- ▶ ALOES SOC IS USED IN THOSE WHO HAVE HEMORRHOIDS WHICH HANG OUT LIKE A BUNCH OF GRAPES. THIS IS PECULIAR FOR THE NEED OF ALOES. **THIS IS PROLAPSED INTERNAL HEMORRHOIDS**, THIS IS OFTEN DUE TO CHRONIC STRAINING FOR PASSING STOOL (THE SWEATING IS FROM THE INCREASED STRAIN TOO). THIS CAN BE BECAUSE OF BEING OVERWEIGHT, PREGNANT OR IN THOSE WITH CHRONIC CONSTIPATION. THE PROLAPSED INTERNAL VEINS ARE OFTEN THROMBOSED, BECAUSE OF THE INTERNAL THROMBOSIS THEY LOOK LIKE GRAPES WHEN THEY POP OUT.
- ▶ FINALLY ALOES SOC WITH LOW DOSE ALOES WHICH IS ALOE VERA AND DIFFERENT FROM ALOES SOC CAN BOTH BE USED TOGETHER IN ALL CASES OF PSORIASIS WHERE THE ITCHING IS WORSE DURING WINTERS.
- ▶ ALOES SOC IS ALSO USED TO STOP EXCESSIVE MENSTRUAL BLEEDING DURING MENOPAUSE, IT CAN ALSO ALLEVIATE ACUTE DIFFICULTY IN PASSING OF URINE IN THOSE WITH BENIGN PROSTATE HYPERPLASIA.
- ▶ I HAVE USED ALOES IN THOSE WHO AWAKE SUDDENLY IN THE MORNING WITH MORNING DIARRHEA.
- ▶ I HAVE ALSO USED IN IT **ELDERLY WHO PASS SOOL EVEN WHILE PASSING GAS.**

CASE HISTORIES OF ALOES SOC

- ▶ I HAD A CASE OF A CHILD WHO USED TO GET ABDOMEN FULLNESS AND THEN PASS STOOL IN HIS PANTS, HE HAD A CONSTANT DESIRE TO PASS STOOLS, HE WOULD PASS STOOL AFTER A LOT OF STRAINING, IT WAS HARD, HIS MOTHER SAID HE WOULD SWEAT WHILE PASSING STOOL, ALOES SOC 30C CURED HIM WITHIN A WEEK.
- ▶ I HAVE USED IT ALMOST EVERY WEEK IN MY PRACTISE SINCE WE HAVE MANY CASES OF AMOEBIASIS HERE IN INDIA. I TELL THE PATIENT TO DOSE AFTER EVERY LOOSE MOTION, THIS WAY THEY STOP THE REMEDY ON THEIR IN ABOUT 3 DAYS. THERE ARE SOME CASES WHO HAVE TAKEN ANTIBIOTICS LIKE OFLOX, WHO CAN TAKE EVEN UPTO A WEEK TO RECOVER AS THE ANTIBIOITC HAS DERANGED THEIR GUT.
- ▶ FOR ALL PSORIASIS CASES WHO ITCH IN WINTER I USE ALOES SOC WITH LOW DOSE ALOE, THE LESIONS STOP ITCHING AND BECOME THINNER.
- ▶ I HAVE A FRIEND WHO STRAINED VERY HARD TO PASS STOOLS FOR MANY YEARS, AFTER THAT HE GOT HEMORRHOIDS, HE GOT THEM OPERATED BUT THEY CAME BACK, THEY WERE BUMPY TO TOUCH AND HE HAD ACUTE PAIN WHILE PASSING STOOLS, HE WOULD SWEAT PROFUSELY WHILE PASSING STOOLS DUE TO THE STRAIN AND PAIN. ALOES CURED HIM FULLY IN A MONTH.