

# APPROACHES IN RHEUMATOID ARTHRITIS

AMM CARB AND AMM MUR CASE  
DISCUSSIONS AND LEARNING

WEBINAR  
3

# CLASSIFICATION OF REMEDIES USED IN R.A

- ▶ WHILE TREATING R.A WE NEED TO USE VARIOUS CLASSES OF LOW DOSE MEDICATIONS AND HOMEOPATHICS TO TREAT A CASE. THE CLASSES ARE AS FOLLOWS.
- ▶ 1) THE INDICATED REMEDY- THIS SHOULD FIT THE MENTAL AND PHYSICAL PICTURE OF THAT PATIENT SUCH AS THE USE OF PHOSPHOROUS IN A R.A CASE WITH A THIRST OF COLD WATER, THE PATIENT IS USUALLY WELL DRESSED AND LIKES MAKE UP, THEY ARE VERY FRIENDLY PEOPLE AND WANT HUMAN CONTACT. THE INDICATED REMEDY IS VERY IMPORTANT FOR IF THIS IS NOT FOUND THE CASE WILL NOT RECOVER.
- ▶ 2) SARCODES- THESE ARE MADE OF ORGANS SUCH AS ADRENAL CORTEX, BEST USED IN 30C OR 6X. THESE ARE USED WHEN HORMONAL SUPPORT IS REQUIRED.
- ▶ 3) BOWEL NOSODES- THESE ARE USED WHEN THE JOINT PAINS COME ALONG WITH GASTRIC TROUBLES SUCH AS GAS, CONSTIPATION, ALLERGIES ETC.
- ▶ 3) NOSODES- THESE ARE MADE OUT OF TOXIC SUBSTANCES SUCH AS THE R.A NOSODE, TUBERCULINUM NOSODE, CARCINOSIN NOSODE, INFLUENZIIUM NOSODE
- ▶ 4) ANTIMIASMATIC- IF THE INDICATED REMEDY STOPS WORKING A MIASMATIC BLOCK REMOVER IS INDICATED.
- ▶ 5) TAUTOPATHY- THIS IS WHEN SUBSTANCES LIKE CORTISOL OR SALICYLIC ACID IS USED TO REMOVE THE EFFECTS OF IMMUNOSUPPRESSION.
- ▶ 6) BIOCHEMIC REMEDIES FOR CELL SUPPORT.
- ▶ 7) LOW DOSE MEDICATIONS

# THE INDICATED REMEDY

- ▶ THE INDICATED REMEDY CAN BE FOUND USING THE MENTAL PICTURE, LIKE A AURUM MET WILL BE A VERY HARD WORKER WHO WILL ALWAYS BLAME SELF FOR HIS LIFE SITUATION. ONCE A REMEDY IS SUSPECTED FROM THE MENTAL PICTURE OTHER METHODS BELOW ARE USED TO CONFIRM IT.
- ▶ IT CAN ALSO BE FOUND USING THE MODALITIES SUCH AS THE USE OF RHUS TOX FOR STIFFNESS AND PAIN WHICH IMPROVES ON CONTINUING MOVEMENT.
- ▶ IT CAN BE FOUND FROM THE ETIOLOGY OF THE ISSUE SUCH AS THE USE OF INFLUENZINUM WHEN THE R.A IS AFTER A FLU OR MEDORRHINUM AFTER CHIKUNGUNYA.

## IT CAN BE FOUND FROM PHYSICAL GENERALS SUCH AS

- ▶ 1) THERMALS (CHILLY/HOT PATIENT), A CAL CARB CASE IS CHILLY WITH A NEED TO BE DEPENDANT ON OTHERS FOR SUPPORT, WHILE A LYCOPODIUM CASE IS THERMALLY HOT WITH ANGER AT PEOPLE IN THE HOUSE BUT CALM IN THE WORKPLACE.
- ▶ 2) APPETITE (A SUSPECTED LYCOPODIUM CASE WILL GET FULL EVEN AFTER EATING A SMALL QUANTITY OF FOOD, WHILE A ANACARDIUM CASE WILL ONLY FEEL BETTER AFTER EATING),
- ▶ 3) THIRST (A PULSATILLA CASE MAYBE CHILLY AND THIRSTLESS),
- ▶ 4) FOOD DESIRES/AVERSION ( A SUSPECTED THUJA CASE IS WORSE FROM SPICE),
- ▶ 5) SLEEP PATTERNS AND DREAMS ( A CAL CARB CASE WHO IS CHILLY AND NEEDS SUPPORT MAY STAY UP LATE DUE TO NON STOP THINKING),
- ▶ 6) SWEAT PATTERNS ( A CAL CARB CASE SWEATS ON HEAD AND NECK WHILE A SILLICEA CASE SWEATS ON PALMS BUT THE PLAMS ARE COLD TO TOUCH WHILE A LYCO CASE ALSO SWEATS ON PALMS BUT THE PALMS ARE HOT TO TOUCH),
- ▶ 7) SEXUAL FUNCTION (A GRAPHITES CASE HAS AVERSION TO SEX WHILE A PLATINA CASE HAS NYMPHOMANIA WHILE IN A CONIUM CASE THE ISSUES WILL START AFTER LOSS OF SEXUAL ACTIVITY, A THUJA CASE WILL SUPPRESS STRONG SEXUAL DESIRES TO APPEAR PIOUS.

- ▶ LOCAL SYMPTOMS -THIS INCLUDES THE PARTICULARS OF THE PRESENTING COMPLAINT (E.G., CHARACTER OF PAIN, DISCHARGES, LOCATION, SENSATION, ETC.) SUCH AS A MUREX CASE WHERE THE JOINT PAIN IS BETTER AFTER LEUCORRHEA, OR A CASE OF NITRIC ACID WHERE THE PAIN IS PRICKING TYPE. THE LOCATION IS ALSO IMPORTANT, FOR SMALL JOINT PAINS IMPROVE AFTER ACTEA SPICATA.
- ▶ CONSTITUTIONAL TYPE -BASED ON LONG-STANDING TRAITS, BODY BUILD, HEREDITARY TENDENCIES, THIS IS THE MIASMATIC STATE OF THE PATIENT, CERTAIN REMEDIES LIKE LYCO PODIUM ARE PSORIC REMEDIES WHILE REMEDIES SUCH AS MERC SOL ARE SYPHILITIC.
- ▶ HISTORY AND GENETIC DISPOSITION -A STRONG FAMILY HISTORY OF TUBERCULOSIS WILL POINT TO USE OF TUBERCULINUM OR BACILLINUM, DIABETES MAY POINT TO A NEED FOR PHOSPHOROUS, CANCER WHICH POINTS TO CARCINOSIN, OR AUTOIMMUNE DISEASE WHICH CAN POINT TO THE SYCOTIC MIASM MAY TILT THE SELECTION TOWARD NOSODES OR DEEPER-ACTING CONSTITUTIONAL REMEDIES.

- ▶ PAST REMEDIES AND REMEDY RESPONSE -A RECORD OF WHAT HELPED OR WORSENERD THE PATIENT IN THE PAST AFFECTS THE NEXT CHOICE — INCLUDING INTERCURRENT REMEDIES, ANTIDOTES, OR COMPLEMENTARY REMEDIES.
- ▶ DREAMS AND SUBCONSCIOUS THEMES -ESPECIALLY IN DEEP CHRONIC OR MENTAL/EMOTIONAL CONDITIONS, DREAM CONTENT AND RECURRING SYMBOLS CAN GUIDE REMEDY SELECTION (E.G., THEMES OF FALLING, FLYING, BEING PURSUED, DECAY).FOR EXAMPLE THE USE OF NAT MUR IN PATIENTS WHO DREAM THAT ROBBERS ARE BREAKING INTO THEIR HOUSE.
- ▶ PERSONALITY QUIRKS- THERE CAN BE NEED TO CONSTANTLY MOVE LEGS WHILE WORKING WHICH POINTS TO GRAPHITES OR A PERSON WHO GIVES A BLANK EXPRESSION AND PLUCKS THEIR OWN HAIR WHICH IS BARYTA CARB, THE POSTURE OF A PATIENT-A EMACIATED CASE WHO EATS WELL CAN REQUIRE SILLICEA WHILE SEVERE BONE LOSS AND SCOLIOSIS WHERE THE SPINE IS BENDING CAN REQUIRE CAL PHOS.

- ▶ AS ONE CAN SEE IT IS DIFFICULT TO FIND THE REMEDY BASED ON SUCH AN EXTENSIVE LIST, IT IS USUALLY IN THE FIRST FEW MINUTES THAT A REMEDY CAN BE IDENTIFIED. FOR EXAMPLE IN A CASE WITH R.A WHERE THE PATIENT ALSO HAD HYPOTHYROID, SHE SAID THE PAINS WORSENER AFTER TWISTING CLOTHES OR TWISTING ANYTHING, SHE ALSO SAID SHE USED TO GET SWELLING OF FACE IN THE MORNING. THIS POINTED TO NAT MUR, I THEN ASKED LEADING QUESTIONS TO CONFIRM NAT MUR SUCH AS A NEED TO DRINK WATER IN MORNING TO PASS STOOLS OR CRAVING FOR SALTY FOOD OR WORSE AFTER BREAD OR SLIMY FOOD SUCH AS FATTY FOOD OR EVEN THE MENTALS WHERE WHEN SAD SHE WOULD SEEK TO ISOLATE OR CRAVE SUPPORT. THE ABOVE CASE SAID SHE HAS A SALT CRAVING AND WOULD ISOLATE HERSELF WHEN SAD. THE AVERSION TO FAT WASN'T THERE AND NEITHER WAS THE NEED TO DRINK WATER TO PASS STOOLS. HOWEVER SINCE 3 FEATURES WHICH ARE INDICATIVE OF THE DRUG MATCHED I USED IT. ONE SHOULD TRY TO HAVE ATLEAST 3 STRONG FEATURES OF THE DRUG MATCH BEFORE USING IT.
- ▶ IN THE ETIOLOGY OF THE CASE SHE ALSO SAID THAT THE PAINS STARTED AFTER FACING IMMENSE EMOTIONAL STRESS WHERE SHE COULDN'T SHARE HER ISSUES WITH ANYONE.
- ▶ FURTHER CONFIRMATION OF THE REMEDY CAME FROM HER DREAMS WHERE SHE DREAMT OF ROBBERS COMING TO ROB HER HOUSE.

- ▶ IN ANOTHER CASE THE JOINT PAINS IMPROVED ON LYCOPODIUM, THE PATIENT WOULD GET ANXIETY BEFORE PUBLIC SPEAKING AND WOULD OVERCOME THE ANXIETY IF HE COULD SURVIVE THE FIRST MINUTE OR SO, HE DREAMT THAT HIS HOUSE WAS IN SHAMBLES WHILE OTHERS HAD VERY GOOD HOUSES. HE USED TO GET SWEATING ON HIS PALMS AND HIS PALMS WERE HOT.
- ▶ IT IS VERY IMPORTANT TO GET 3 STRONG FEATURES OF THE INDICATED REMEDY TO MATCH BEFORE USING IT. IN SOME CASES GETTING 3 FEATURES IS NOT POSSIBLE BUT YOU WILL GET ONE QUIRKY FEATURE SUCH AS A CASE OF JOINT PAINS WHO HAS A SPLINTER LIKE PAIN WHERE NITRIC ACID CAN BE USED WITHOUT CONFIRMING ANY OTHER FEATURES. AS THE HOMEOPATHICS ARE TAUGHT THESE FEATURES WILL BE TAUGHT IN DETAIL.



- ▶ THE INDICATED REMEDY MAY COMPLETELY CURE A CASE OR MAY HELP FOR SOME TIME, IF IT STOPS WORKING THEN THE CASE IS EVALUATED AND ANOTHER REMEDY IS USED WHICH IS APPROPRIATE, FOR EXAMPLE IF NAT MUR IN MY PREVIOUS CASE HAD NOT FULLY SOLVED THE CASE EVEN THOUGH THE MENTAL STATE HAD IMPROVED, THE MORNING FACIAL SWELLING HAD GONE AND PAINS HAD REDUCED BY HALF I COULD HAVE THOUGHT OF AN ADD ON REMEDY LIKE ACTEA SPICATE WHICH IS SPECIFIC FOR THE FINGER JOINTS, IF THE WRIST WAS MORE INVOLVED I COULD HAVE THOUGHT OF NAT CARB WHICH IS SPECIFIC FOR WEAK WRISTS AND ANKLES WHICH SPRAIN EASILY.
- ▶ IN A LOT OF CASES THE INDICATED REMEDY AND THE ADD ON REMEDY WILL CURE THE CASE BUT WE HAVE DIFFICULT CASES WHERE MISMATIC BLOCK REMOVING AND BOWEL NOSODES ETC HAVE TO BE USED TOO

# SARCODES IN R.A

## ► SARCODES in RHEUMATOID ARTHRITIS

- 1) CARTILAGO SUIS (Cartilage of Pig)- USED FOR CARTILAGE REPAIR, DEGENERATIVE JOINT DISEASE  
USE: PROMOTES REGENERATION OF CARTILAGE IN ERODED JOINTS, ESPECIALLY IN CHRONIC RA. USE IN 6X
- 2) OSSIUM (BONE MARROW)- USED WHEN THE R,A IS CAUSING A BONE MARROW SUPPRESSION OR ANEMIA OF CHRONIC INFLAMMATION. USE IN 6X
- 3) EEL SERUM- USED WHEN RA IS COMPLICATED WITH KIDNEY DYSFUNCTION, PROTEINURIA, OR ELEVATED CREATININE. *SUPPORTS DETOXIFICATION WHEN NSAIDS OR DMARDS HAVE HARMED KIDNEYS.* USE IN 30C
- 4) THYMUS LOW DOSE- USED WHEN THE ANTICCP IS RAISED. USE AS 10-0-0
- 5) HYPOTHALAMUS- CORRECTS THE HPA AXIS, USED WHEN R.A IS FROM EMOTIONAL STRESS AND WHEN THE PATIENT HAS BEEN GAINING A LOT OF WEIGHT. USE IN 1M IF THE STRESS IS ONGOING AND 30C IF PAST HISTORY WAS THERE. CONFIRM WITH THE WEIGHT GAIN DURING THE PRECIPITATION OF R.A.

6) ADRENAL CORTEX- USE IN 6X WHEN THE CORTISOL IS LOW FROM PREVIOUS STEROID USE.

7) CORTISONE -BEST USED IN 200C FOR 4 TO 5 DAYS WHEN A PATIENT HAS USED STEROID IN THE PAST LEADING TO IMMUNOSUPPRESSION.

8) ANTERIOR PITUTARY- USED IN 6X WHEN THE PATIENT HAS ISSUES WITH L.H AND FSH ISSUES SUCH AS THOSE WITH PCOD AND R.A.

9) RNA- USED WHEN THERE IS RECURRENT R.A ATTACKS WITH FATIGUE OR CHRONIC FATIGUE SYNDROME. BEST USED IN 30C.

# BOWEL NOSODES

- 1) PROTEUS- CORRESPONDS TO NAT MUR, THE PATIENT HAS FEATURES OF NAT MUR AND NAT MUR HAS WORKED WELL FOR THEM, THEY ALSO HAVE UTI AND R.A .
- 2) BACCILUS NO 7- COMPATIBLE WHEN KALI IOD HAS WORKED PARTIALLY, THE PATIENT HAS HAD R.A AFTER FLU OR MUCOSAL INFLAMMATION AND PAINS ARE WORSE AT NIGHT WITH JOINT DESTRUCTION.
- 3) GARTNER- COMPATIBLE WITH SIILICEA, PHOS, MERC. THE PATIENT CANNOT GAIN WEIGHT.
- 4) DYS CO- COMPATIBLE WITH ARS ALB, SEPIA. THEY HAVE DIARRHEA AND SKIN RASH WITH DIARRHEA HISTORY AND R.A.
- 5) SYCOTIC CO- COMPATIBLE WITH NAT SUL, THUJA, NITRIC ACID. THERE IS OVERGROWTH OF TISSUES AND SYCOTIC MIASM WITH PATIENT HAVING GREEN YELLOW DISCHARGES.
- 6) MORGAN BACH- COMPATIBLE WITH SULPHUR, PATIENT HAS ASTHMA AND CONGESTION IN CHEST.
- 7) MORGAN PURE- SULPHUR, PATIENT HAS ALLERGIC RASH.

8) MORGAN GARTNER- COMPATIBLE WITH LYCOPODIUM, PATIENT HAS FUNGAL INFECTIONS.

9) MUTABILE- COMPATIBLE WITH PULSATILLA, PATIENT HAS WANDERING PAINS WHICH MOVE FROM ONE JOINT TO THE OTHER AND MENTALS FIT PULSATILLA.

10) FECALIS- COMPATIBLE WITH SEPIA, PATIENT IS DISTANT FROM FAMILY AND BETTER ON EXERCISE.

11) POLYBOWEL- THE ULTIMATE BOWEL REMEDY, CAN BE USED WITH ANY HOMEOPATHIC, WILL TREAT IBS SYMPTOMS ASSOCIATED WITH R.A.

# NOSODES

- 1) R.A NOSODE LOW DOSE- USED WHEN THERE IS SWELLING IN THE R.A JOINT. THIS IS A MUST FOR ANY CASE WITH JOINT SWELLING
- 2) O.A NOSODE LOW DOSE- USED WHEN THERE IS JOINT SWELLING IN A O.A CASE.
- 3) PSORIASIS NOSODE LOW DOSE- USED WHEN THERE IS JOINT INVOLVEMENT IN PSORIASIS.
- 4) TUBERCULINUM- USED WHEN R.A COMES WITH LUNG COMPLAINTS, PATIENT HAS MENTAL FEATURES OF TUBERCULAR MIASM. BEST USED IN 200C OR 1M, IN FREQUENT DOSAGE.
- 5) BACCILINUM- TUBERCULAR MIASM CASE WITH VERY DRY SKIN, THE PATIENT IS SLOW AND SLUGGISH AND MAIN COMPLAINT IS THAT THEY ARE FREQUENTLY INFECTED, THE TUBERCULINUM CASE WILL BE RESTLESS, THIN AND ENERGETIC WITH THE MAIN COMPLAINT BEING THAT THEY NEED TO ESCAPE. BEST USED WHEN ARTHRITIS IS SEEN AFTER SKIN SUPPRESSION OF A FUNGAL INFECTION OR EVEN AN ECZEMA AND PATIENT FITS THE TUBERCULAR MIASM.

- 6) MEDORRHINUM- RA WITH SYCOTIC MIASM IN A HOT PATIENT. THE PATIENT IS VERY TIME CONSCIOUS AND HATES BEING LATE OR OTHERS BEING LATE, THEY WILL DO EVERYTHING ON TIME, BETTER WITH FAN ON AT NIGHT. ALSO USED POST CHIKUNGUNYA.
- 7) PSORINUM- R.A IN A CASE WITH BRUISED SENSATION IN JOINTS WHO FITS THE PSORIC MIASM AND IS A CHILLY PATIENT.
- 8) STREPTOCOCCINUM- USED WHEN A STREP INFECTION HAS LEAD TO R.A,THE ASO IS RAISED.
- 9) STAPHYLOCOCCINUM- USED WHEN THE JOINT HAS AN ABCESS IN IT OR IS SUPPURATING OR THE R.A CASE HAS FREQUENT BOILS.
- 10) INFLUENZIIUM- USED FOR JOINT PAIN AFTER FLU.
- 11) LYME NOSODE- USED WHEN LYME HAS CAUSED ARTHRITS.
- 12) SYPHILINUM- NIGHT PAINS IN R.A CASE WITH STIFFNESS. PATIENT FEELS HOPELESS, ETIOLOGY FROM HATE.
- 13) CARCINOSIN- USED WHEN THERE ARE CONSTICTING PAINS WITH A FEELING OF BEING USED BY OTHERS.
- 14) LOW DOSE EBV AND CMV- USE WHEN THESE ARE POSITIVE IN A R.A CASE

# ANTIMIASMATIC BLOCK REMOVERS

- ▶ THESE ARE USED WHEN THE PRIMARY INDICATED REMEDY HAS FAILED.
- ▶ USED AS ONCE OR TWICE A WEEK OR IN A SHORT COURSE FOR A FEW DYAS UPTO A WEEK AND THEN STOPPED.



# TAUTOPATHY

- ▶ THIS INVOLVES GIVING THE ALLOPATHY SUBSTANCE IN THE HOMEOPATHY FORM TO REMOVE THE SIDE EFFECTS OF THE ALLOPATHY SUCH AS
- ▶ CORTISONE FOR PREDNISOLONE DOSED BEFORE
- ▶ SALICYCLIC ACID FOR NSAIDS BEING GIVEN BEFORE WHICH HAVE STOPPED A STRONG FEVER FROM BEING DEVELOPED.
- ▶ PENICILINUM 30C FOR ANTIBIOTIC OVERUSE, IT CAN ALSO BE USED AN ANTIBIOTIC FOR PNEUMONIA AND OTHER INFECTIONS.
- ▶ METHOTREX FOR OVERUSE OF METHOTREXATE.
- ▶ THESE REMEDIES ARE TO BE USED FOR JUST 3-4 DAYS IN 30 OR 200C DOSED AS ONCE A DAY.
- ▶ AFTER THEY ARE USED THE IMPROVEMENTS PRODUCED BY THE ALLOPATHIC FORMS OF THESE WILL BE REVERSED SO THE PATIENT WILL DEVELOP A FLARE UP. THIS IS HOWEVER REQUIRED BECAUSE THESE REMEDIES SUPPRESS THE IMMUNE RESPONSE AND DON'T ALLOW HEALING TO HAPPEN.

# BIOCHEMICS IN R.A

- ▶ BIOCHEMICS IN R.A HELP TO STABILIZE THE CELL AND CORRECT MINERAL DEFICIENCY. THEY CAN BE USED IN 6X POTENCY AND USE AS 10-0-10 UPTO 20-0-20. SOME PRACTITIONERS USE JUST 5 DROPS OR PILLS TWICE A DAY BUT I HAVE NEVER FOUND SUCH LOW DOSES TO BE USEFUL.
- ▶ THE LIST OF BIOCHEMICS IN R.A IS AS FOLLOWS.
  - 1) NAT SUL 6X-USED WHEN THE PATIENT HAS R.A WITH GAS FORMATION, FEELS BETTER AFTER GAS IS PASSED, THE PATIENT HAS FATTY LIVER AND METABOLIC DISORDER TOO.
  - 2) KALI MUR 6X- USED WHEN THERE IS LYMPH NODE SWELLING, LYMPHATIC FLUID ACCUMULATION WITH MUCOSAL INVOLVEMENT LIKE TONSILLITS WITH R.A.
  - 3) KALI SUL 6X- PATIENT HAS WANDERING PAINS LIKE A PULSATILLA CASE, THE PATIENT HAS A LOT OF PIGMENTATION ON FACE.
  - 4) NAT MUR 6X- REQUIRED WHEN THE SODIUM AND CHLORIDE IS LOW, WHEN THE PATIENT IS HAVING A DRY COUGH IN R.A
  - 5) CAL FLUOR 6X- USED WHEN THE PATIENTS JOINTS ARE TURNING HARD WITH NODOSITIES OR THERE ARE A LOT OF OSTEOPHYTES SEEN IN THE XRAY, USED WHEN THERE IS SPINAL DEGENERATION TOO.

- ▶ 6) MAG PHOS 6X- USED WHEN THE PATIENTS PAINS ARE BETTER ON HEAT AND THERE ARE MUSCULAR PAINS.
- ▶ 7) CAL PHOS 6X- USED IN R.A WHERE THERE IS DEGENERATION OF THE SPINE AND THE PATIENT STARTS BECOMING EMACIATED.
- ▶ 8) KALI PHOS 6X- USED AS A TRANQUILIZER IN THOSE WITH ANXIETY AND R.A
- ▶ 9) NAT PHOS 6X- ACIDITY WORSENS THE JOINT PAINS.
- ▶ 10) FERRUM PHOS 6X- USED WHEN THE FERRITIN IS RAISED.
- ▶ 11) CAL SUL 6X- USED WHEN THE JOINTS ARE FILLED WITH COPIUS AMOUNT OF PUS.
- ▶ 12) FIVE PHOS- USED AS AN ENERGY BOOSTER,VERY USEFUL IN CHRONIC BACK PAIN.
  
- ▶ THE MAIN REMEDIES I USE ARE NAT PHOS SINCE ACIDITY, URIC ACID WORSEN JOINT PAIN, MAG PHOS TO HELP MUSCLES LOOSEN UP , CAL FLUOR IN DEGEN ARTHRITS, CAL PHOS WHEN THE PATIENT IS WASTING AWAY, KALI MUR WHEN THERE IS LYMPHATIC CONGESTION, AND NAT SUL FOR THOSE WHO HAVE METABOLIC SYNDROME.

# LOW DOSE MEDICATIONS

- ▶ 1) R.A NOSODE LIKE EFFECT- JOINT SWELLING
  - ▶ 2) R.A SUPPORT- LOWERS INFLAMMATION
  - ▶ 3) ANTI CRP- BRINGS THE CRP UNDER CONTROL
  - ▶ 4) ANT TNF, ANTI IL 6 AND ANTI IL 1, IL 10 CAN BE USED INITIALLY FOR ALL R.A CASES TO CONTROL THE INFLAMMATION.
  - ▶ 5) O.A NOSODE LIKE EFFECT- JOINT SWELLING IN A O.A CASE
  - ▶ 6) SHILAJIT- USED WHEN FATIGUE IS SEVERE, HELPS REBUILD THE JOINT RAPIDLY.
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- ▶ INITIALLY IN SOME CASES IT BECOMES DIFFICULT TO FIND THE PRIMARY REMEDY AND HENCE I USE THE LOW DOSE MEDS ESPECIALLY THE R.A NOSODE TO BRING DOWN THE SWELLING, THE ANTI TNF AND ANTI IL 6 ALSO REDUCES REDNESS AND PAIN. THIS HELPS GAIN TRUST AFTER WHICH THE PATIENT OPENS UP SO THAT I CAN TAKE BETTER HISTORY.

# AMMONIUM CARBONICUM

- ▶ THE PRINCIPLE USE OF AMM CARB IS TO TREAT STUFFY NOSE AT NIGHT DUE TO DUST ALLERGIES OR ENLARGED ADENOIDS. AMMONIUM CARBONICUM IN ALLOPATHY FORM IS A SMELLING SALT AND HENCE SUCH PATIENTS WILL NEED TO CONSTANTLY SMELL BALM OR SOME TYPE OF VICKS VAPORUB TO FEEL BETTER. IN CASES WHO FEEL BETTER AFTER VICKS, WE USE AMM CARB. SUCH CASES ALSO HAVE TYPICALLY DRY NASAL PASSAGES DUE TO ALLERGY TO DUST AND WILL HENCE GET EPISTAXIS DURING THE SUMMER, THEY ARE ALSO VERY REACTIVE TO GETTING WET AND THEIR NOSE BECOMES MORE CHOKED ON GETTING WET, HENCE THESE KIDS WILL REFRAIN FROM HAVING A BATH. OVERALL TO USE AMM CARB FOR THE STUFFY NOSES OR BLOCKED NOSES WE CAN SIMPLY USE THE MODALITY THAT THE NOSE BLOCK IMPROVES FOR THE TIME BEING WITH VICKS OR BALM, THE CHILD HAS DUST ALLERGY AND THE CHILD IS WORSE ON BEING WET, EVEN THE ASTHMA WILL COME AT NIGHT WITH A BLOCKED NOSE. DUST ALLERGIES ARE ALSO TREATED WITH SABADILLA, THE SABADILLA PATIENTS IS BETTER IN AC WHILE THE AMM CARB IS WORSE ON AC. THE LOW DOSE DUSTMITE AND ANTHOCHARIS ARE ALSO USED ADDITIONALLY.
- ▶ A DIFFERENTIAL REMEDY FOR THE BLOCKED NOSE IS CAMPHORA, IN CAMPHORA THERE IS CHRONIC MAXILLARY SINUSITIS DUE TO A VIRAL ETIOLOGY, THE PATIENT CAN HAVE NAUSEA WITH FATIGUE. IN A ONE CASE I SOLVED WITH CAMPHORA THE PATIENT CT SCAN SHOWED SEVERE MAXILLARY SINUSITIS, SHE WAS ALSO HAVING PERSISTENT NAUSEA AND WAS FATIGUED, SHE HAD EVEN DEVELOPED DEMENTIA AND WOULD FORGET SENTENCES OR WORDS, SHE WOULD GET MILK WHEN ASKED TO GET WATER. DUE TO SEVERE FATIGUE WITH SINUSITIS I GAVE CAMPHORA WHICH SOLVED THE CASE.

- ▶ OTHER REMEDIES FOR SINUSITIS ARE HELIX WHERE THE PATIENT GETS SNORING AT NIGHT WHEN SLEEPING ON THE BACK, IN CASE IT IS BACTERIAL SINUSITIS WE USE MAG CAR+CAD SUL. IF THE SINUSITIS IS ASSOCIATED WITH ACIDITY WE USE CHELIDONIUM.
- ▶ IN DUST ALLEGIES WE USE PLATYCODI WHERE THERE IS SNEEZING FROM DUST, POTHOS IF THE DUST ALLERGY IS LEADING TO HEAVINESS OR ASTHMATIC STATE. THESE CASES HAVE DIGESTIVE SYMPTOMS AND ARE BETTER WITH PASSING GAS OR STOOLS. IF THE PATIENT GETS A RASH WITH DUST USE LOW DOSE DUST MITE.
- ▶ AMM CARB IS ALSO USED IN OBESE WOMEN WHO GET ABDOMINAL CRAMPS WITH VOMITING DURING PERIODS. DURING PERIODS IF THERE ARE SEVERE CRAMPS USE MAG PHOS+CAL PHOS+COLOCYNTHIS WITH LOW DOSE HIPPOCAMPUS AND GLUTATHIONE. THE ADDITION OF GLUTATHIONE AND HIPPOCAMPUS SOLVES THE PAIN FAST. IF THERE IS DIARRHEA DURING PERIODS WE USE BOVISTA, AMM CARB WITH VERATRUM ALBUM.
- ▶ THE THIRD USE OF AMM CARB IS IN THOSE WITH HEPATIC ENCEPHALOPATHY DUE TO HIGH AMMONIA. THE AMMONIA FROM LIVER FAILURE CAUSES CEREBRAL VASODILATION. IF THE LIVER FAILURE IS WITH ASCITES WHICH IT USUALLY IS ONE SHOULD ALSO USE ARS ALB TO TREAT THE CASE.
- ▶ AMM CARB WILL CURE KIDS WITH SUCH STUFFY NOSES ONLY IN HIGH POTENCIES SUCH AS 1M OR 10 M, WE CAN START OUT THE CASE WITH 30C AND THEN RAPIDLY INC THE POTENCY ONCE WE SEE A SMALL IMPROVEMENT, IT WILL TAKE 1-2 MONTHS TO FULLY CURE A CHILD EVEN WITH 10M AS THE SWOLLEN ADENOIDS WILL TAKE TIME TO SHRINK. IN HEPATIC ENCEPHALOPATHY WE ALSO START WITH 30C AND THEN INC POTENCY AS THE PATIENTS MENTAL STATE SLOWLY IMPROVES AND HE GETS MORE ENERGETIC.
- ▶ ONE SHOULD REMEMBER THAT THE NASAL OBSTRUCTION CAN ALSO LEAD TO ASTHMA, THE OBSTRUCTION IS WORSE WHEN GETTING WET, WORSE ON DUST AND BETTER WITH A SMELLING SUBSTANCE LIKE VICKS OR BALM.

# CASES WITH AMM CARB

- ▶ I USE IT FREQUENTLY IN PATIENTS WITH DUST ALLERGY, INDIA IS A COUNTRY MADE UP OF DUST, CONSTRUCTION DUST AND POLLUTION LEADS TO ALMOST EVERYONE HAVING A CHOKED OR BLOCKED NOSE. I JUST ASK THEM IF THEY ARE BETTER WITH SMELLING BALM, IF THEY SAY YES I USE AMM CARB. THE PATIENT IS JUST UNABLE TO BLOW THE NOSE!. MANY OF THESE CASES ALSO HAVE URTICARIAL RASH WHICH IS ALSO TREATED WITH AMM CARB AS IT REMOVES THE DUST ALLERGY.
- ▶ I USE IT VERY OFTEN IN LIVER FAILURE CASES WITH ARS ALB TO REDUCE UREA AND AMMONIA. I USUALLY GET CASES WHERE ASTERIX IS PRESENT (WHEN PATIENTS HANDS ARE OUTSTRETCHED THERE ARE TREMORS), THIS RAPIDLY REVERSES. AMM CARB IS ALSO USED FOR PILES DURING PERIODS.
- ▶ I HAVE OFTEN USED IT AS FIRST LINE FOR VOMITING DURING PERIODS.
- ▶ IT IS ALSO USEFUL FOR GOUT OF THE GREAT TOE WITH LITHIUM CARB AND LEDUM PAL. I HAVE DONE SEVERAL CASES WITH THIS COMBINATION.
- ▶ I HAVE ALSO USED IT TO TREAT CONSTIPATION WITH HEMORRHOIDS IN THOSE WITH CHRONIC BLOCKED NOSE.
- ▶ THE AMM CARB PATIENT IS USUALLY ANEMIC FROM BLEEDS, FAT, SLUGGISH WITH RESPIRATORY DISTRESS.

# AMMONIUM MURIATICUM

- ▶ AMM MUR IS AMMONIUM CHLORIDE, THIS REMEDY HELPS FIX THE ASSOCIATION BETWEEN DIARRHEA AND SCIATICA.
- ▶ IN PATIENTS WITH IBS DIARRHEA TYPE THERE IS OFTEN RIGHT SIDED SCIATICA, THE RIGHT LIMB SHORTENS IN LENGTH, THE RIGHT LIMB SHORTENS DUE TO A HAMSTRING SPASM. IN THOSE WITH PERSISTENT DIARRHEA FROM IBS THERE IS A RISE IN AMMONIA FROM THE IBS, THE AMMONIA BLOCKS GABA LEADING TO A SENSE OF ACUTE DEPRESSION. AT THE SAME TIME THE DIARRHEA CAUSES A INCREASE IN CHLORIDE AND A DROP IN POTASSIUM, THE PATIENT CAN ALSO HAVE LOW SODIUM AND BICARB LEADING TO ACIDOSIS. THE LOW POTASSIUM LEADS TO THE HAMSTRING CRAMP CAUSING THE LIMB SHORTENING AND THE RIGHT SIDED SCIATICA. HENCE THE TRIAD IN THE PATIENT IS DEPRESSION, IBS OR IBD DIARRHEA TYPE, RIGHT SIDED SCIATICA WITH A SHORT RIGHT LEG AND SPASM OF THE HAMSTRING. THE AMM MUR WILL FIX THE DEPRESSION, DIARRHEA AND THE SCIATICA.
- ▶ THE PATIENT CAN ALSO HAVE DIARRHEA DURING PERIODS WHICH PRODUCES THE RIGHT SIDED SCIATICA. AMM MUR CAN TREAT DIARRHEA DURING PERIODS WHEN ASSOCIATED WITH DEPRESSION.



- ▶ AMM MUR ALSO TREATS WOMEN WITH LEUCORRHEA FROM CANDIDA ALBICANS WHEN ITS ASSOCIATED WITH GUT DYSBIOSIS CAUSING CONSTIPATION OR DIARRHEA, THE PECULIAR FEATURE WILL BE THAT IF THE PATIENT HAS TREATED THE LEUCORRHEA USING ANTIFUNGALS THEY DEVELOP HEMORRHOIDS. THIS IS BECAUSE THE ANTIFUNGALS CAN PRODUCE HARD STOOLS WHICH LEADS TO HEMORRHOIDS, IT WAS THE FUNGAL IN THE GUT WHICH WAS ALLOWING NORMAL STOOLS TO FORM AS CANDIDA CAN LEAD TO A BIT OF DIARRHEA. THE AMM MUR REMOVES THE CANDIDA IN THE GUT COMPLETELY AND RESTORES THE LEUCORRHEA WHICH THEN ELIMINATES THE CANDIDA OUT FROM THE BODY. THE EXPLANATION IS QUITE SIMPLE, AMMONIUM CHLORIDE IS AN ACIDIFYING AGENT. IF THE ACIDITY OF THE VAGINA, GUT OR MOUTH HAS BEEN LOWERED THE PATIENT DEVELOPS A THICK BIOFILM OF CANDIDA, BY RESTORING THE ACIDITY THE CANDIDA CANNOT GROW AND DIES OUT. WHEN TREATING LEUCORRHEA THINK OF AMM MUR WITH THE CANDIDA NOSODE AND BORAX.

## OTHER REMEDIES FOR LEUCORRHEA ARE

- ▶ 1) FOR FOUL SMELLY LEUCORRHEA USE KREOSOTUM.
- ▶ 2) SEPIA (WORSE AFTER MENSES) AND OLEUM JECORIS 6X IS USED WHEN THE LEUCORRHEA IS GREENISH TO YELLOW WITH VAGINAL ITCHING.
- ▶ 3) ALUMINA TREATS TRANSPARENT LEUCORRHEA.
- ▶ 4) CAL CARB TREATS MILKY LEUCORRHEA.
- ▶ 5) NATMUR TREATS LEUCORRHEA WHICH LOOKS LIKE EGG WHITE.
- ▶ 6) MERC SOL- LEUCORRHEA WITH SWELLING OF VULVA, LEUCORRHEA WORSE AT NIGHT

- ▶ 7) PULSATILLA- LEUCORRHEA WHERE THE MENTALS OF PULSATILLA FIT.
- ▶ 8) SULPHUR- BURNING LEUCORRHEA WITH SKIN SYMPTOMS, WORSE HEAT.
- ▶ 9) SILLICEA- OBSTINATE PATIENT, THIN , CHILLY, FIXED IDEAS WHICH ARE DIFFICULT TO CHANGE. LEUCORRHEA IS OFFENSIVE AND BURNS.
- ▶ 10) GRAPHITES- LEUCORRHEA IS STICKY, SKIN COMPLAINTS ARE PRESENT WITH ECZEMA WHICH HAS A STICKY DISCHARGE, PATIENT IS CONSTIPATED WITH LARGE HARD STOOLS BEING PASSED.
- ▶ 11) CAL PHOS- THIN MILKY LEUCORRHEA ASSOCIATED WITH BACKACHE AND WEAKNESS.
- ▶ 12) MEDORRHINUM- FISHY SMELLING LEUCORRHEA
- ▶ 13) THUJA- THIN GREENISH LEUCORRHEA AFTER PATIENT HAS REMOVED WARTS OR TREATED TOPICALLY FOR WARTS.

- ▶ 14) CAULOPHYLLUM- LEUCORRHEA ASSOCIATED WITH MENARCH.
- ▶ 15) MUREX- LEUCORRHEA MAKES JOINT PAINS BETTER. LEUCORRHEA CAN BE BLOODY
- ▶ 16) LILLIUM TIG- UTERINE PROLAPSE WITH YELLOWISH LEUCORRHEA
- ▶ 17) PETROLEUM- LEUCORRHEA AND SKIN CRACKING WHICH IS WORSE IN WINTER.
- ▶ 18) CANTHARIS- LEUCORRHEA ASSOCIATED WITH UTI, BURNING, ITCHING AND INCREASE SEXUAL URGES START
- ▶ 19) HELIONAS- PATIENT IS EXHAUSTED AND FATIGUED, THE LEUCORRHEA IS ASSOCIATED WITH DELAYED PERIODS, PCOD, UTERINE PROLAPSE, THE PERIODS ARE EXTREMELY PAINFUL AND DEBILITATING.
- ▶ 20) AMBRA GRISEA- GREYISH BLuish LEUCORRHEA WHICH IS FOUL SMELLING AND IS ASSOCIATED WITH PELVIC INFLAMMATORY DISEASE, THE PATIENT PASSES URINE WITH DIFFICULTY AND HAS URINARY RETENTION, PERIOD BLEEDING IS SEEN EVERY 4 TO 5 DAYS.

- ▶ AS ONE CAN SEE THERE ARE MANY REMEDIES FOR LEUCORRHEA, AMM MUR ONLY TREATS THE CANDIDA TYPE, IT CAN SOLVE THE CANDIDA BY ITSELF OR WILL SOMETIMES REQUIRE HELP FROM OLEUM JECORIS, BORAX AND THE CANDIDA NOSODE.
- ▶ SINCE THIS WEBINAR SERIES DEALS WITH JOINT ISSUES ONE SHOULD REMEMBER AMM MUR (LEUCORRHEA WITH DIARRHEA OR CONSTIPATION HISTORY, CANDIDA SEEN IN URINE CULTURE), MUREX (LEUCORRHEA MAKES JOINT PAINS BETTER), CAL PHOS (BACK PAINS WITH LEUCORRHEA) AND HELIONAS (BODY PAINS AND FATIGUE WITH SEVERE PERIOD CRAMPS AND LEUCORRHEA). MEDORRHINUM IS ALSO IMPORTANT SINCE IT BECOMES ONE OF THE MOST IMPORTANT REMEDIES IN PLANTAR FASCITIS.
- ▶ AMM MUR WITH ALLIUM CEP CAN BE USED FOR PAIN IN AN AMPUTATED LIMB.
- ▶ AMM MUR PATIENTS WILL CRY FROM THE DEPRESSION AND THEY APPEAR CLOSED OFF LIKE A NAT MUR CASE, THEY WILL NOT LIKE CONSOLATION, THE DIARRHEA AND IBS WILL BE A CONCOMITANT.
- ▶ AMM MUR CAN ALSO BE USED FOR TOUGH STINGY MUCUS THAT'S DIFFICULT TO EXPECTORATE WHICH IS WORSE AT NIGHT AND FORCES THE PATIENT TO SIT UP. THIS IS BECAUSE AMMONIUM CHLORIDE IS AN EXPECTORANT IN ALLOPATHY, IT IS USED TO DECREASE VISCOSITY OF SECRETIONS AND INCREASES THEIR REMOVAL, FOR SUCH CASES IF WE ADD SHILAJIT ALL THE MUCUS COMES OUT VERY RAPIDLY. IT IS USED IN 30C FOR SUCH CASES WITH THE THICK BRONCHIAL SECRETIONS.

- ▶ IT IS ALSO USED TO TREAT A STIFF NECK WHEN ASSOCIATED WITH THE BRONCHIAL COUGH, THE NECK STIFFNESS IS DUE TO OVEREXERTION WHEN COUGHING.
- ▶ A MARKED SINGLE LINE SYMPTOM FOR WHICH IT CAN BE PRESCRIBED IS SCIATIC PAINS WHICH EXTENDS FROM THE SACRUM TO THE THIGHS, THIS IS USUALLY RIGHT SIDED BUT ANY SCIATIC PAIN WHICH EXTENDS TO THE THIGHS AND IS ASSOCIATED WITH DEPRESSION AND DIARRHEA OR EVEN CONSTIPATION. THERE IS A SHROTENING OF ONE LEG FROM THE TIGHT HAMSTRINGS.
- ▶ AMM MUR CAN ALSO BE USED FOR STOOLS WHICH CRUMBLE OUT OF THE RECTUM LIKE MAG MUR. BOTH REMEDIES CAN BE USED FOR SUCH CASES.

# CASES WITH AMM MUR

- ▶ I USE IT REGULARLY IN THOSE WITH BRONCHITIS HAVING THICK SECRETIONS ALONG WITH SHILAJIT.
- ▶ I HAVE TREATED SEVERAL CASES OF RIGHT SIDED SCIATICA WHERE THE PATIENT COMES WITH DEPRESSION AND DIARRHEA OR CONSTIPATION.
- ▶ IT HAS BEEN MY FIRST LINE REMEDY TO TREAT CANDIDA IN WOMEN, IN WOMEN AS ESTROGEN REDUCES IT LEADS TO POOR FERMENTATION OF LACTOBACILLUS IN THE VAGINA WHICH ACIDIFIES THE VAGINA. ESTROGEN MAINTAINS THE GLYCOGEN IN THE VAGINAL EPITHELIAL CELLS, LACTOBACILLUS USE GLYCOGEN AS A FOOD SOURCE AND HENCE AS ESTROGEN REDUCES CANDIDA GROWS, BESIDES AMM MUR AND BORAX I ALSO ADD SHILAJIT WHICH IMPROVES ESTROGEN LEVELS RAPIDLY.